

Bunbury Community Health Service - Directory of Services

CHILD & FAMILY SERVICES

Community Health Centre (CHC) *
Hudson Road
Bunbury WA 6230
Phone: (08) 9795 2888 Fax: (08) 9795 7062

South West Health Campus (SWHC) #
cnr Robertson Drive and Bussell Highway
Bunbury WA 6230
Phone: (08) 9722 1408 Fax: (08) 9722 1016

Referrals
Clients can self-refer for all services.
Eligibility for *Therapy Groups* will be assessed by the health professional.

* Service at Community Health Centre

Service at South West Health Campus

* Audiology

Service for South West Area

Provides hearing screening and assessments (audiometry, otoscopy and tympanometry) for children. *Tuesday/Wednesday & Thursday*

Contact

Reception Phone: 9795 2888

* Child Birth Stress/Depression

Service

Provides support and therapeutic groups as well as individual counselling for mother's experiencing difficulties during pregnancy and after childbirth. Occurs on 1st and 3rd Monday each month.

Community Group

Child Birth Stress/Depression Support Group

Free support group for women who are feeling stressed/depressed before and/or after childbirth.

Therapy Group

Child Birth Stress/Depression Therapeutic Group

Free 8-week structured program for women who are stressed, depressed, or just not coping after childbirth.

Contact

Sharon Binnie,
Child Birth Stress/Depression Coordinator
Phone: 0417 923 744

* Child Development Team

Service

Provides individual and team assessments, management plans, individual and group interventions, support and education for children. Team members include: Physiotherapy, Occupational Therapy, Speech Pathology, Social Work and Allied Health Assistants.

Therapy Group

Fun and Development

Free 6-8 week program to develop sensory, fine and gross motor skills in children aged 2 – 6 years.

Contact

Allied Health Assistant Phone: 9795 2813

* Child Health

Service

Provides health screening (National Health and Medical Research Council); nutrition and parenting advice; developmental and anticipatory guidance; and general support to families with children 0 – 4 years.

Child Health Clinics

Australind Riverlinks Child Health Centre
Community Centre, 1 Leisure Drive,
Australind.

Boyanup Child Health Centre
Thomas Street, Boyanup.

Capel Child Health Centre
Forrest Street, Capel.

Dardanup Child Health Centre
Little Street, Dardanup.

Eaton Child Health Centre
Charterhouse St, Eaton.

Child Health Clinics

Forum Child Health Centre

Strickland Street, Bunbury

Gelorup Child Health Centre

Community Hall, Hastie Road, Gelorup

Hudson Child Health Centre

Hudson Road, Bunbury

Prosser Child Health Centre

Prosser Street, Bunbury

Contact for bookings: 1800 457 949

* Enuresis & Encoporesis

Service

Provides consultation and assessment for children who are bed-wetting after the age of 5 years (includes teenagers) or who have bowel control problems.

Contact

Rosemary Osbourne & Marie O'Donoghue,
Enuresis Nurse Phone: 9795 2888

* Immunisation

Service

Provides all standard infant and child immunisations free-of-charge.

Contact

Sharlene Abbott, Immunisation Coordinator
Phone: 9795 2814

* Lactation

Service

Provides a supportive service for new families and mothers experiencing breastfeeding problems. Appointment by referral.

Contact

Debbie Garbin, Lactation Consultant
Phone: 9795 2888

* Nutrition

Service

Provides assessment and management plans for children with nutritional and growth concerns.

Contact

Hudson Rd Reception Phone: 9795 2888

* Occupational Therapy

Community Service - Paediatric

Provides early intervention by individual and/or group therapy for children experiencing sensory, fine motor and perceptual difficulties to maximise the child's development

Therapy Groups

Hands and Fingers

Free 6-week program to improve fine motor development of children aged 4 – 6 years with fine motor delay or dysfunction.

Contact

Allied Health Intake Coordinator
Phone: 9795 2888

* Physiotherapy

Community Service - Paediatric

Provides early intervention by individual and/or group therapy for congenital or acquired neurological disorders; developmental delay; respiratory conditions; and musculo-skeletal conditions of newborns and young children, including biomechanical dysfunction of the lower limb.

Contact

Jessie Anderson, Senior Physiotherapist
Phone: 9795 2820

* Parenting

Community Groups

Early Parenting Groups

Free 5-week program designed to assist the parenting journey. Run in a variety of locations

Transition to Solids

Free 2-hour info session on introducing solids, for parents with children aged 5 – 12 months.

Twinkle Twinkle

2-week sleep management program for parents with children 7months – 3years.

Parenting Your Toddler

Free 5-week program on understanding and managing toddlers, for parents with children aged, 1 – 3 years.

Positive Parenting Program

One off 2 hour session.

Contact:

Community Health Reception 9795 2888

Podiatrist

Service

Assessment/ treatment of foot and leg pain related to gait or development.

Contact: – South West Health Campus

Phone: 9722 1408

* School Health

Service

Provides counselling, advocacy and referral; vision and hearing screening/assessment; first aid training; and health education for students, families and staff.

Contact:

Trish Clark, A/Senior Community Nurse
Ph: 9795 2805

* Social Work

Service

Provides assessment, advocacy, support, counselling, information provision and practical assistance to individuals and families with complex needs.

Contact:

Social Worker Service
Phone: 9795 2888

* Speech Pathology

Community Service - Paediatric

Provides early intervention through individual and/or group sessions for clients with communication (speech, language, stuttering, voice and pre-literacy) and feeding difficulties.

Contact

Therapy Assistant Phone: 9795 2888



Delivering a Healthy WA

Bunbury Community Health Service - Directory of Services

SERVICES for ADULTS

Provides exercise, healthy ageing and self-management programs for adults.

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Bunbury WA 6230
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* Service at Community Health Centre

South West Health Campus (SWHC)

cnr Robertson Drive & Bussell Highway
Bunbury WA 6230
Phone: (08) 9722 1408 Fax: (08) 9722 1016

Service at South West Health Campus

Referrals

Clients can self-refer for all services.
Eligibility for *Therapy Groups* will be assessed by the health professional.

Continenence

Service

Provides consultation and assessment for people with bladder/bowel dysfunction or incontinence.

Contact

Reception – South West Health Campus
Phone: 9722 1408

Diabetes

Service

Provides shared care (assessment and education of diabetes) in conjunction with clients GP or specialist.

Individualised management for people with Type 1 diabetes, women with gestational diabetes, those with poor control, commencement of insulin management.

Community Groups

Diabetes – A Starting Point

Free 2-hour info session for people newly diagnosed with type 2 diabetes.

Learn the Way – Keep Diabetes at Bay

Free 2½-hour info session for people at risk of type 2 diabetes or who have impaired fasting or impaired glucose tolerance.

Living with Diabetes

Free 6-week self-management program for people diagnosed with type 2 diabetes or impaired glucose tolerance.

Learning to Live with Insulin

A 3 week program for people to get started safely using insulin to control their Type 2 Diabetes

Contact

Jenny McDonnell
Diabetes Coordinator
Phone: 9722 1408

Nutrition & Dietetics

Community Service

Provides nutrition information, resources, community presentations and cooking sessions.

Community Groups

Clearing Up Cholesterol

Free 2-hour info session for people diagnosed with high cholesterol, or who are at risk of developing heart disease.

Shop Til' You Drop

Free supermarket tour for people wanting to reduce fat and sugar in their diet and make healthier food choices by reading food labels.

WeightWise

Free 6-week program for people wanting to lose weight and feel great.

Outpatients Service

Provide assessment, intervention, support and review of nutrition and diet related issues for adults and children.

Contact

Nutrition Coordinator Phone: 9722 1408

*# Health Promotion

Service

Coordination and support of preventative health programs

Contact

Hannah Thomas- Health Promotion Officer
Tues-Fri Phone: 9795 2888

* Immunisation

Service

Provides all standard adult immunisations free-of-charge.

Contact

Trish Clark
Immunisation Coordinator
Phone: 9795 2814

Occupational Therapy

Outpatients Service

Provides upper limb splinting, lymphoedema management, home assessment and modification and equipment prescription.

Contact

Robyn Gregson
Occupational Therapy Coordinator
Phone: 9722 1450

Physiotherapy

Outpatients Service

Provides individual assessments into Community Physiotherapy groups for a variety of chronic health conditions including lifestyle related disease, musculoskeletal, neurological and respiratory conditions.

Provides individual health and exercise advice as appropriate for a variety of health issues and mobility aid assessment and prescription.

Move It

Provides a variety of land and water-based interventions to prevent or manage chronic conditions.

Easy Breathers (Pulmonary Rehabilitation)

Exercise and self management program for patients with chronic respiratory impairment

Contact

Reception – South West Health Campus
Phone: 9722 1408

Speech Pathology

Community Service - Adults

Provide management for adults experiencing communication, voice and/or swallowing difficulties.

Contact

Therapy Assistant
Phone: 9795 2888

* Stay on Your Feet (Falls Prevention)

Service

Conducts exercise programs and provides information/presentations on physical activity, falls prevention and chronic health conditions.

Seniors Exercise Groups

Weekly exercise classes conducted by a Physiotherapist for people over 50 years with varying levels of fitness and/or medical conditions.

Walk-it Community Walks & Path Checks

Free community walks to support people to be more physically active.

Contact

Jan Bain
Physiotherapist
Phone: 9795 2819

No Falls Program

Physiotherapy provides an individual mobility assessment and a home-based exercise program and/or referral into the No Falls Exercise Group. All clients are referred to Occupational Therapy for home assessments and modifications.

Contact

Primary Health Reception
Phone: 9722 1408

Podiatrist

Service

Provides a podiatry service for Diabetic clients.

Contact

Reception – South West Health Campus
Phone: 9722 1408



Delivering a **Healthy WA**



Government of **Western Australia**
Department of **Health**
WA Country Health Service